

## Seeding for Spring

Medina County Soil & Water Conservation District

Winter is a good time to get your yard ready for spring. If you're looking to reduce your time mowing, fertilizing, and watering your lawn, introducing wildflowers to your backyard landscape is a great place to start. You can set aside a 10'x10' patch of yard for native wildflowers or designate a strip of lawn to flowers. All you need is fresh soil and native wildflower seeds.

Using native wildflowers to decorate your yard will not just add eye-catching color to your property, but it'll also provide many ecological services for you and for nature. Native plants are acclimated to Ohio's weather so you won't need to spend extra time or money watering or fertilizing your wildflowers.

By allowing native species to grow in your yard, you're doing your part in supporting pollinators. Their favorite plants are the ones that naturally grow in Ohio. As your flowers bloom, you'll see butterflies, bumblebees, hummingbirds and more visit your beautiful garden.

While native wildflowers provide food and nectar to pollinators, they do wonders for water quality and soil too! The deep roots of the native plants allow soil to stay in place, reducing erosion. These complex root systems also soak up stormwater and help filter out pollutants.

Start seeding for spring this winter and do your part for nature.



*Hummingbird clearwing moth enjoying wild bergamot*

Here are some native plant recommendations:

Common milkweed – *Asclepias syrica*

Purple coneflower- *Echinacea purpurea*

Wild Bergamot – *Monarda fistulosa*

New England Aster – *Symphyotrichum novae-angliae*

Red chokeberry – *Aronia arbutifolia*

Tall goldenrod – *Solidago altissima*

Always be sure to check how much light and water your yard gets before planning on which flowers to seed/plant.

For more information on native plants visit or call Medina County SWCD, 330-722-9322